

Therapy services



Location **South East, Surrey**
<https://www.freeadsz.co.uk/x-592612-z>

Hi there.

I am a experienced psychotherapeutic counsellor. I have an excellent success rate.

I have extensive experience of working with a wide range of emotional difficulties. I offer an integrative approach towards many things ranging from social anxiety to relationship therapy. Even dealing with traumatic issues.











I offer a flat fee for the first session and if you aren't satisfied with my service then you won't lose out.

I believe in offering my clients a confidential and non-judgmental space which helps them in understanding themselves and making better choices in a safe nurturing environment.

Therapy can be short term (8-20 sessions) and long term which is ongoing depending on clients individual needs and presenting issues. I can offer my services via telephone or in person, whatever seems fit of the client.

I abide by the BACP code of conducts and ethics to work professionally to a high standard.

I work with people from all backgrounds and offer counselling in English and community languages such as Urdu, Hindi and Punjabi.

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